FALL SPORTS ANNOUNCEMENT

All JV and Varsity sports will begin on **Monday, August 15, 2016.**

All athletes must be cleared to participate by the Nurse’s Office before they can practice. JV and Varsity athletes, and modified football candidates, who have not been cleared to participate in a fall sport before the summer **MUST** come to the Nurse’s Office during one of the following times:

- Wednesday, Aug. 10th - 8:00 - 11:00 a.m.
- Friday, Aug. 12th - 12:30 - 3:00 p.m.
- Monday, Aug. 15th - 12:30 - 3:00 p.m.
- Tuesday, Aug. 16th - 12:30 - 3:00 p.m.
- Wednesday, Aug. 17th - 8:00 - 11:00 a.m.

- Students must report directly to the Notre Dame School Nurse’s Office.
- Any athlete may drop off/mail their documentation during the summer to the Main Office, if they have it ready before these sessions - *please ask staff to put it into the nurse’s mailbox.*
- **Do NOT give paperwork (Health History forms, documentation of physical exam) to coaches:** *ONLY the school nursing staff can clear students to participate.*

**Paperwork That Must be Submitted by Athletes**

- Pre-participation health history and head injury/concussion forms, completed and signed by parent/guardian & student
- Documentation of a physical examination done by a physician, physician assistant or nurse practitioner on or after **Aug. 1, 2016.**

**NOTE: NO PHYSICALS WILL BE DONE AT SCHOOL - ATHLETES ARE RESPONSIBLE FOR GETTING THEIR OWN PHYSICALS AND BRINGING IN DOCUMENTATION.**

(The **only** exception is students who are new entrants to NDHS, from a district other than Elmira, for the fall.)

*Students who wish to try out for modified football must come to these sessions - all other modified athletes may wait until school begins to see the nurse for clearance.*