

Fall Sports Preview

by Brian Brown

As the weather begins to cool and the leaves begin to change colors, we welcome another fall sports season here at NDHS! All of our teams are off to a great start, going back to summer practices before classes even began.

The Notre Dame varsity football team is doing very well, with a record of 3-2. With no JV squad this year, younger players are getting a great experience playing at the varsity level and learning how everything works. Coached by Mr. D'Aloisio, the football team has been working hard every day since two-a-days started and has high hopes come playoff season. Senior captain Alex Allen stated, "We really have been stepping it up on both sides of the ball, with all aspects of our game improving every week. We are undefeated in our division and plan to keep up the hard work we've been giving since August."

What would Friday night football games be like without our ND varsity cheerleaders? Coached by Wendy Stedje, the cheerleaders are always the football team's biggest fans, rain or shine. Senior Captain McKenzie Allington said, "We've been working very hard to perfect our homecoming routine and stunts and still have time to practice and be out there supporting our football team every Friday night. Homecoming Pep Rally is always one of our most intense times of the year, and it was great!"

The ND varsity girls soccer team is off to an exceptional start this season, with an undefeated record of 12-0. Coached by

Mr. Weber, the girls have been working hard in hopes of it paying off down the road. "We lost over half of our starters last year but everyone is stepping up and filling those missing spots very well. We picked up on how to work well together quickly and that's where most of our success has come from," Senior Captain Rachel Lamoreaux said.

The ND JV girls soccer team is doing very well this year as well, with a record of 1-4. Coached by Mr. Rominger, the team intends on keeping up the same intensity and work ethic that has been driving them all season. Freshman Mary Catherine Landy stated, "Our team started out a little rough, but we've really improved and it's been hard work for all of us, and a lot of fun. We play well together and look forward to the rest of the season."

The ND varsity boys soccer team is doing extremely well this year, with a record of 7-2-1. They also played in Watkins Glen tournament, finishing 2nd. Coached by Brian Adams, the soccer team is an experienced one that plans to go far in the playoffs. According to Senior Captain Jason Sincock, "We have been pushing ourselves to be the best we can be everyday, and it has been paying off well so far. We have a lot of potential and I am looking forward to what the rest of the season has to hold and beyond."

The ND JV boys soccer team, coached by Michael Collins, is also doing very well this fall season, with a record of 1-7-1. Sophomore Brandon Mahajan stated, "We have greatly improved since the beginning of the season, and we keep getting better with each game. Our work ethic keeps getting better, and the scores are a perfect

indication of that."

The varsity girls tennis team, coached by Mr. Shelling, has a record of 0-5. Senior Brina Pochal said, "We only have one new addition this year and although we haven't won yet, we have gotten better throughout the year. I am looking forward to the rest of the season and plan on advancing our skills every day."

Congratulations to all ND sports teams so far and good luck the remainder of the fall sports season. Keep up the hard work, and make us proud!

Fall Sports Schedule

Varsity Football

10-14	Newfield	H	7:00
10-21	Class D Playoffs		TBA
10-28	Sec. IV Semifinals		TBA

Girls Varsity Soccer

10-12	Newark Valley	H	7:00
10-18	Odessa-Montour	H	7:00
10-22	IAC Championships	A	TBA

Girls JV Soccer

10-11	Trumansburg	A	4:30
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Boys Varsity Soccer

10-11	Waverly	H	7:00
10-13	Newark Valley	A	4:30
10-17	Odessa-Montour	H	7:30
10-22	IAC Championships		TBA

Boys JV Soccer

10-12	Trumansburg	H	4:30
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Team records at press time



Fall Sports Captains

Welcome Mrs. Williams

by Brian Brown

As many of you have probably noticed, there are plenty of new faces walking around NDHS this school year. And that's not just including the freshmen and new students here, but faculty as well. One of the great catches ND has made this year is in finding our new Physics teacher, Mrs. Williams.

Mrs. Williams has a Bachelors Degree in Physics and Mathematics from Drew University and a Masters Degree in Physics from SUNY Stony Brook. She first starting teaching high school students in the SUNY Stony Brook laser and atomic physics laboratories as a research mentor to those from all over Long Island who were selected to participate in a program linked to the National Westinghouse/Intel Competition. After several of their projects reached national finalist levels, she felt inspired to pursue a career in high school education.

Mrs. Williams received NYS permanent certifications in both Physics and Mathematics, and after teaching for five years at private and public schools outside of New York City, moved to this area in 1999. After taking the last few years off from work in order to raise her two children and see both her daughter and herself each battle with cancer, she was invited to join the ND community to fill the position of Physics teacher.

Now that school has begun and classes are underway, it is clear that Mrs. Williams is fitting right in here at NDHS. She commented, "After receiving such a warm welcome over the past few weeks from students and staff



Mrs. Williams

alike, it really is a blessing to join the ND family!" We are all glad Mrs. Williams is enjoying ND as much as we are enjoying having her here.

ND Welcomes a New Principal

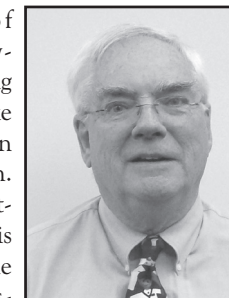
by Rachel Miller

This September, our school welcomes a new member of the administration. However, Principal James Snyder is not a stranger to Notre Dame.

Mr. Snyder's children and wife are all alumni of Notre Dame. When he heard that Sister Mary Walter was looking for someone to temporarily sit in as principal, he was more than happy to take the job. One of the reasons he is drawn to Notre Dame is the "family atmosphere" that one can find here, as well as the "commitment of the staff," which is a good quality to find anywhere.

A graduate of St. John Fisher, Mr. Snyder has been living in Elmira for almost all of his life, and has been a member of the local educational system up to his retirement. However, one could still find him occasionally filling an empty spot at Horseheads High School, Southside, Elmira Free Academy, or Broad Horizons. His goal is to maintain strong academic traditions, especially here at Notre Dame, where tradition runs very deep.

Outside of school, Mr. Snyder enjoys spending time at Keuka Lake with his children and grandchildren. He is very committed to making this year at Notre Dame the best year possible for everyone.



Mr. Snyder

Welcome Mrs. Barron

by Erin Mozdy

One of our many new staff members this year is the freshman and sophomore guidance counselor Mina Barron. Mrs. Barron has been working as a guidance counselor for twelve and a half years. She went to Buffalo University, then got her graduate degree at Alfred University. She went on to intern at Prattsburg Central School, and later worked at Bath Haverling, and Edison, then took a break to spend some time with her kids. When she returned to guidance work, she was a long-term substitute at Horseheads Middle School, and this year, she is at Notre Dame.

This is Mrs. Barron's first time working at a private school. Her goal is to give the sophomores and freshmen more time with a guidance counselor, and hopefully a good foundation in planning for their careers and working on their study skills. She is looking forward to the more polite atmosphere and working with the mature teens at Notre Dame. She wants students to know that she always has their best interests at heart.

Mrs. Barron lives in Corning, with her husband and two daughters, Isabelle, 9, and Emma, 5. Some of her interests are photography and scrap-booking, and also spending time with her two daughters. Her family often goes to the go kart racing tracks, where her daughter Isabelle races. Her husband has a patent for a type of go-kart clutch he invented, and their children have been introduced to go karts from a very young age.

If you need help planning for college or even just need to talk to someone, Mrs. Barron is here, and she's "looking forward to learning as much from the students here as they learn from me."



Mrs. Barron

October: National Stop Bullying Month

by Emma Anderson

Bullying. What is it? Why does it happen? Can it be stopped? A bully is a person who uses strength or power to harm or intimidate those who are weaker. Bullying can happen in many forms whether it be physical, verbal, indirect, social alienation, intimidation, or cyber bullying. Physical bullying is any physical contact that would injure a person, such as punching, hitting, kicking, etc. Verbal bullying occurs when someone calls another person a name, makes an offensive remark, or makes fun of something about them. Indirect bullying can include spreading stories or rumors about someone. Social alienation occurs when someone excludes a person on purpose or points out their differences. Intimidation occurs when a bully threatens someone and scares them enough to make them do what the bully wants. Finally, cyber bullying occurs when someone bullies another through messages, pictures, e-mail, instant messages, text messages, voicemail, or social networking sites.

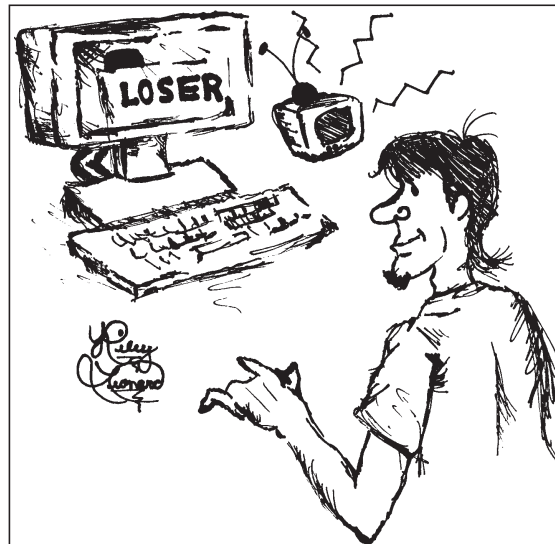
Why does bullying occur? Could media like television and movies affect bullying? Can social networking sites make bullying worse? The answer is yes! For instance, there are shows on television that constantly judge people. Shows like "Project Runway," "American Idol," "Survivor," "X-Factor," and "America's Got Talent" are just a few examples. When we watch these shows, we all criticize and judge the contestants along with the hosts. This being said, who is to say we will not do this to other people face to face. In this way, those kinds of television shows might give bullies the idea that this type of behavior is okay. These shows are not bad if we treat them as entertainment. If we criticize someone on television that we will never see in person we need to keep it at that. One cannot go beyond that and start criticizing people we know.

Violent television can also lead to aggressive behavior in children, which leads to them becoming bullies. According to the "Harvard Center on Media and Child Health," children who watch violent programs on television are more likely to become angry and may end up becoming bullies. The violence they are witnessing can make it seem okay to do it themselves. It can create a domino effect of bad behavior, problems in school, and bullying. Bullying is a serious issue in and outside of schools.

When people think of a bully, they think of a big person who steals your lunch money. However, there is another kind of bully that in some ways can be much worse. This bully is a cyber bully. A cyber bully can literally be anyone—short, tall, big, small, adult, child, teenager, etc. The reason a cyber bully can be so harmful is that they hide behind a phone or computer. The cyber bully never has to show his face. He can ruin a person's reputation behind a screen and never have to talk to the victim face to face. Cyber bullies do things like trick people into revealing personal information, spreading lies and rumors, pretending to be someone else, sending or forwarding mean text messages, or posting pictures of victims without consent. Cyber bullying occurs "when someone repeatedly harasses, mistreats, or makes fun of another person online or while using cell phones or other electronic devices." Could social networking sites make it easier to cyber bully? Of course! Facebook, Twitter, MySpace, AIM, Google Plus, LinkedIn, and many more sites provide a forum for cyber bullying. With these sites, the bully could make a profile and pretend to be someone else or make up a nonexistent person. They could start talking to people and then begin posting rude or untrue comments about their victims on the sites.

Laws have been introduced in

many states, but not all, to try to put a stop to cyber bullying. When it comes down to it, each of us has the power to stop cyber bullying and the other forms of bullying previously discussed. If you witness, see signs, or are the victim of bullying, tell an adult right away! You might feel that someone will be upset with you, but bullying can really hurt. People who are bullied have become depressed, had emotional issues. Some have even attempted or committed suicide. Bullying is a serious issue and can be stopped now, if we all make an effort.



the MARYLEAF

Vol. 57 No. 1
October, 2011

Members of
Columbia Scholastic Press Association

Published by and for the students of Notre Dame High School, 1400 Maple Avenue, Elmira, New York 14904. The MARYLEAF is financed by the Student Activity Fee. It is printed by QUICKER PRINTER, 210 West Gray Street, Elmira, New York 14901.

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Introducing Mrs. Lares

by Brittany Schutrump

We would like to extend a warm welcome to one of our new faculty members, Mrs. Lares. Mrs. Lares can be found in room 210 and she teaches English 9 and English 12. She also is student council moderator and has a freshman homeroom.

An interesting fact about Mrs. Lares is that education is actually her second career. Before she chose teaching, Mrs. Lares attended SUNY Albany for undergraduate studies and then went on to CUNY Baruch where she studied business and did graduate work. After college she worked for 25 years in the music and cable TV industries in music publication



Mrs. Lares

and in rights and clearances. Mrs. Lares worked for A&E TV network for 10 years and dealt in the business aspects of the industry. Seven years ago she moved to Elmira with her husband and her two children, ages 11 and 14. Once in Elmira she continued to work for A&E for four years in music publishing and administration. Then Mrs. Lares turned to teaching. She attended Elmira College where she got her master's degree in teaching. Mrs. Lares has always had a passion for learning so becoming a teacher seemed to her a logical transition. Before coming to Notre Dame she taught at Southside and at Corning East.

Mrs. Lares' first impressions of Notre Dame have been very positive. She is impressed by the support of the teachers and she said she is "inspired by the positive attitudes of her students." We are all very pleased to have her here, and wish her the best of luck with the year ahead.

Alveda King

by Erin Mozdy

Dr. Alveda King, Martin Luther King Jr's niece, visited our school as a guest speaker on September 13. The grandmother and mother of 6 spoke to us at length about the importance of life and her own experiences with abortion. Her goal is to give those who are in the same position as she was a chance she now wished she had had, rather than her own two abortions and one miscarriage.

RenWeb

by Emily Grace Davies

By now, many of you have already been introduced to RenWeb. RenWeb is the school's new management website that has replaced Edline. RenWeb has many features including school announcements, calendars, lunch menus, and even a photo gallery. There is a homework section on which teachers will post daily assignments that students can read from home, school, or anywhere there is an Internet connection. There is also easy access to many documents ranging from class schedules to homework handouts which are printable if you forget or misplace your papers. RenWeb is a great tool for parents too. RenWeb allows parents to utilize all the student features, including a lesson plan section where parents can review the curriculum, and track their progress in school. Through RenWeb students and parents can easily access a teacher's e-mail addresses to communicate more easily. There's even a new app available for your iPhone or iPad. RenWeb is a great website that helps students to do their best in school.

Student Opinion

"How do you think social media, or the media in general, affects bullying and cyber bullying?"

Senior, Janelle Muuse

"Social media encourages cyber bullying because people tend to say negative things to others that they wouldn't say in real life."



Janelle Muuse



Lee Sidle

Junior, Lee Sidle

"Social networking destroys relationships."



Jake Beck

Sophomore, Jake Beck

"The media definitely brings a new aspect to bullying because it allows people not only be bullied in school, but to be bullied in their own homes through social networks on the computer."



Gwen Zwirko

Freshman, Gwen Zwirko

"I think it plays a moderate role, but not as much as some people may think. After all, not every bully is trying to imitate something they saw or heard elsewhere."